

Beyond Esthetics

Micro-blading Before and After Care Instructions

Before your appointment:

- Avoid alcohol, caffeine, aspirin or ibuprofen for 24 hours before the procedure
- Because Botox can alter the position of the brows, it should be performed no later than at least 2 weeks prior to your appointment
- Thoroughly read all the forms given to you at the time of your appointment and ask any questions you may have
- Be sure to advise me of any allergies, medical conditions, and prescriptions you take prior to your appointment

Aftercare- It usually takes between 7-10 days for the skin to heal. While your skin is healing these aftercare instructions are recommended:

- Avoid contact with the eyebrows for 3 hours after the procedure
- 3 hours after the procedure, you may gently wash your brows with clean hands, warm water and mild soap. **DO NOT RUB HARD.** You can let them air dry
- Apply a **THIN** layer of Pure Coconut oil 3 times a day for the next 3 days. If the skin is still very dry, the coconut oil can be used up to 10 days after the procedure.
- Stay out of direct sunlight and tanning booths until your tattoo is healed. You can go outside but avoid laying out at the pool or a beach until your brows are healed. If you are going to the beach or pool, wear a hat that shields your brows from the sun until you're healed, like a visor or baseball cap. Also wear SPF 30 or above
- Do not soak your brows in water (ex. Bath tub, sauna, pool, or hot tub) When washing your face, wash around the brow area. Showers are fine.
- Do not rub or pick at your brows. This can cause scarring, blurring, and/or infection. Should there be any scabbing, let them fall off naturally.
- Avoid facials, chemical treatments, Botox, etc. for 2 weeks.
- Do not allow makeup, lotions, or other products to come in contact with the treated area for 10 days
- Your skin should be healed by 2 weeks at the latest. Consult a physician if you have ANY sign of infection, which could include redness in the brow area (aside from the first few hours after your appointment) green or yellow discharge, and/or fever.
- **Should you have any questions or concerns, please call us at (419)571-4777**

Long-term Aftercare After your skin has healed

- Inform your technician of your semi-permanent brows at the time of any laser procedures or MRIs
- Always use a good sunscreen to protect your brows from fading caused by sun exposure. Extreme sun exposure can and will fade your pigment. This can be minimized by applying a good sunscreen of at least SPF 30.
- Be aware that the use of chemical peels in the forehead region can expedite the fading of your semi-permanent brows.